

WVL Learning and Sharing Summit Application Form

Response ID:181 Data

2. ADMINISTRATIVE INFORMATION

1. Date of Application

02/15/2023

2. Name

Suntosh

3. Surname

Pillay

4. Sex

Male

5. Designation

Director of the organisation

6. Email address

suntoshpillay@gmail.com

7. Telephone number e.g. 00 27 11 622 2877

0746030300

8. Cell phone number e.g. 00 27 82 622 2877

0746030300

9. Province

KwaZulu-Natal

10. What kind of grant?

Multi-year core

11. Organisation

South African Depression and Anxiety Group

12. Type of entry

Project

13. If project select appropriate category

Youth Empowerment

If Economic empowerment, please tick one or more of these sub-categories

If COVID 19 and Emergency response please tick one or more sub-categories

If Media please tick one or more sub-categories

If Gender and Climate Change, please tick one or more sub-categories

If Gender Based Violence (GBV) please tick one or more of these sub-categories

If SRHR please tick one or more of these sub-categories

If Women, Peace and Political Participation please tick one or more of these sub-categories

14. If Youth Empowerment, please tick one or more of these sub-categories

Youth Development

3. DESCRIPTION

15. Name of good practice

Refugee Dance Project

Please provide a description of the social media visibility

What were your main visibility activities using your social media?

On a scale of 1-10 how would you rate your organisation's growth and development in the course of the WVL project?

	0	1	2	3	4	5	6	7	8	9	10
Better financial policies and practice											
Better governance											
Better legal compliance											
Fund raising skills											
Report writing skills											
Monitoring and evaluation skills											
Lobbying and advocacy skills											
Networking skills											
Communication skills (media, social media)											
Presenting skills											
Use of IT eg to organise online events											

Please provide at least three examples of how your organisation has grown?

In what ways has WVL contributed to this growth directly?

Would you describe your organisation as a feminist organisation? Why or why not? 200 words

Who is the leader being nominated

Please give a brief description of the leader

16. Please provide a description of the project

Learning to dance can have positive mental health outcomes. Approximately 30 girls from refugee communities in Durban participated in a series of dance lessons at the University of KwaZulu-Natal, hosted by the Flatfoot Dance Company. These dance lessons were designed to empower the girls by providing them with psychosocial and life skills, such as teamwork, patience, and persistence, including boosting self-esteem and resilience. At the end of the cycle of the dance lessons, the girls were given an opportunity to showcase their talents at a concert, in which their parents and family could attend.

What are the main achievements of this leader?

17. What are your main activities?

To improve the mental health of refugee girls.

A total of 10 weekly dance lessons were conducted (per cycle) at the University of KwaZulu-Natal's dance studio. Upon completion of the dance lessons, the girls participated in a concert which provided them with an opportunity to show off their newly acquired skills. During each lesson, each girl was provided with a light meal and a transport stipend. By engaging in dance it was hoped that not only would the girls develop a skill but also develop positive coping tools as a means of promoting positive self-care. Likewise the dance lessons together with the concert served as a platform where the girls were able to enhance their levels of self-esteem and confidence.

Would you describe this leader as a feminist? Why or why not?

What are the main leadership skills demonstrated?

What are the main results/highlights of the social media visibility?

Would you describe this leader as a feminist? Why or why not?

18. What are the main results of the project?

Based on feedback from the dance teachers and observations of the girls, the following outcomes were noted: Improved mental health outcomes; teamwork and collaboration; patience; persistence in learning new skills; improved confidence and self-esteem; and important life lessons in dealing with disappointments and repercussions of not meeting agreed-upon commitments.

The secondary outcomes were improved social capital amongst the girls themselves, but also amongst the three organizations involved. This was a collaboration between three NGOs, i.e. SADAG KZN as the main driver of the project; Tumaini as a community organization catering to the needs of refugees; and the Flatfoot Dance Company, who provided the lessons for free at the UKZN campus.

4. PARTNERS AND NETWORKS

19. Did you work with other WVL grantees?

No

If "Yes" Who?

20. Did you work with other partners on your visibility other than WVL grantees?

No

If "Yes" Who?

Did you build networks/ alliances through your social media activities?

If "Yes" with who?

5. IMPACT

What has been your social media impact?

	Number Before WVL-SA	Number During WVL-SA
Facebook Followers		
Twitter Followers		
Tik-Tok Followers		
YouTube Followers		
Instagram Followers		
LinkedIn Followers		
Facebook Likes		
Twitter Likes		
Tik-Tok Likes		
YouTube Likes		
LinkedIn Likes		
Instagram Likes		
Facebook Impressions		
Twitter Impressions		
Tik-Tok Impressions		
YouTube Impressions		
Instagram Impressions		
LinkedIn Impressions		

Please provide at least 3 concrete examples of your posts

21. What level has this impacted?

Individual

22. We would like to record what types of individual level positive change have happened to you. Please tick which of these have increased or you have been involved in. Only select those most relevant to you. This should in some way correspond to your application above.

Attitude change

Skills

Agency

Leadership

Empowerment

23. What types of positive attitude change have happened to you.

Change in attitude towards gender

24. What types of positive skills change have happened to you.

Conflict resolution skills

25. What types of positive agency change have happened to you.

Confidence increased
Self- image, self esteem

26. What types of positive leadership change have happened to you.

Initiatives taken

27. What types of positive empowerment change have happened to you.

Employment control of own labour

28. We would like to record what types of close relations level positive change have happened to you. Indicate change in Changes in family dynamics

New social forms, altered relationships and behaviour

29. We would like to record what types of community level positive change have happened to you. Please tick which of these have increased or you have been involved in. Only select those most relevant to you. This should in some way correspond to your application above.

Involved in project or initiative not previously involved in
Changes in the lives of children
Builds Alliances and coalitions

30. We would like to record what types of Public Sphere level positive change have happened. Please tick which of these have increased or you have been involved in. Only select those most relevant to you. This should in some way correspond to your application above.

Voice

31. What types of positive public sphere changes have happened.

Women and men's voices equally heard, perspectives reflected through the work of the organisation.

32. We would like to record what types of Public influence change have happened against the SADC Protocol - ten themes. Please tick which Policies, laws Norms Values of these have you have been involved in. Only select those most relevant to you. This should in some way correspond to your application above.

Media and information

6. PRESENTATION

33. Upload presentation.

Please put links to your social media posts

34. Please upload Photo evidence of your good practise.

[IMG-20210706-WA0009.jpg](#)

[IMG-20210706-WA0009_\(1\).jpg](#)

[IMG-20210706-WA0006.jpg](#)

[IMG-20210706-WA0007.jpg](#)

[IMG-20221021-WA0015.jpg](#)

35. Please upload Video evidence of your good practise.

[IMG-20221021-WA0011.jpg](#)

36. Would you like to receive a PDF copy of your application?

Yes

37. Insert the email address it should be sent to.

PLEASE NOTE - if you do not receive it within a few minutes of submitting, please check you junk mail box as it may have been sent there.

rivendri.govender@gmail.com

7. Thank You!

Summit Application

Feb 15, 2023 13:28:40 Success: Email Sent to: rivendri.govender@gmail.com

PDF Copy of Submitted WVL Summit Application

Feb 15, 2023 13:28:40 Success: Email Sent to: grants1@genderlinks.org.za
